



Saturday, March 1, 2025

88.7 myFM Winter Wellness Expo

Date and Time: Saturday, March 1 9:00 am - 5:00 pm

Address: Best & Bash Arena - 16 McPherson Drive, Napanee

88.7 myFM presents its inaugural Winter Wellness Expo on Saturday, March 1, 2025, from 9 a.m. to 5 p.m. at the Best and Bash Arena.

This event features businesses promoting fitness, nutrition, mental health, and more.

Exhibitor spaces are filling up quickly! Reserve your booth at NapaneeToday.ca.

Don't miss the winter wellness showcase!

Reminder - Buddy Check Coffee at Spuds

Date and Time: Saturday, March 1 10:00 am - 1:30 pm

Address: Spuds Family Restaurant, 140 Industrial Blvd, Napanee

All Veterans and Active/Retired Service and Military Personnel are welcome. Come, bring a veteran and enjoy a breakfast.

James Ryce and Top Shelf at the Legion

Date and Time: Saturday, March 1 7:00 pm - 11:00 pm

Address: Napanee Legion 26 Mill St E Napanee

The Napanee Legion welcomes James Ryce and Top Shelf on Saturday, March 1. Come enjoy simply the best Country music the region has to offer. Cover Charge of \$10 at the door. All are welcome.

Mike McGiverin and Friends entertain at the Napanee Legion

Date and Time: Saturday, March 1 7:00 pm - 11:00 pm

Address: Napanee Legion 26 Mill St E Napane

Enter your event description here

A recording artist who has opened for Johnny Paycheck and John Conlee, Mike McGiverin will perform with friends Darrin Johnson, Landon Martin, and Travis Watts

Monday, March 3, 2025

Monday Zumba with Tricia

Date and Time: Monday, March 3 12:00 pm - 12:45 pm

Address: 97 Thomas St. E Napanee

Join us for an exhilarating, vibrant, and energetic Zumba experience. Move it at the museum with easy to learn and follow choreography to fun Latin rhythms. Bring a sturdy pair of shoes.

Suitable for all ages

No pre-registration is required

Tuesday, March 4, 2025

Lennox and Addington Career Fair - by Career Edge and Work in Quinte

Date and Time: Tuesday, March 4 2:00 pm - 6:00 pm

Address: Best and Bash Arena Banquet Hall

Enter your event description here

Friday, March 7, 2025

March Mobile Blood Donor Clinic

Date and Time: Friday, March 7 12:30 pm - 5:30 pm

Address: 16 McPherson Drive, Napanee

Friday, March 7 from 12:30pm-5:30pm.

Saturday, March 8, 2025

Crochet Baby Blanket

Date and Time: Saturday, March 8 10:30 am - 12:00 pm

Address: Museum of Lennox & Addington, 97 Thomas Street East, Napanee, ON K7R 4B9

Beginners welcome!

Join us for an incredible crochet workshop! No experience necessary, some experience welcome! We will be focusing on reading a pattern and working in rows while making a beautiful baby blanket. Brush up on some skills or learn to crochet for the first time and leave with some new skills and lovely baby blanket to cherish. Looking forward to meeting you! (All supplies included)

Dates:

Saturday, March 8th

Saturday, March 22nd

Saturday, March 29th

Time: 10:30am – 12:00pm

Cost: \$80/person ages 18+ OR \$65/person ages 13-17 (Museum Teens Discount)

Cost is inclusive of all 3 weeks. Participants must purchase all 3 weeks together.

Recommended for ages 13+

Pre-registration is required. Registration closes Thursday, March 6th, 2025. All sales are final. No refunds.

Instructor Bio:

Hi, my name is Tanya and I am a mom of 3 who have many knitted/crochet hats, mitts, scarves and vests!! I started my career in Graphic Design and was a photographer for many years. I have always been artistic and interested in trying new mediums and styles from drawing and painting to playing instruments and photography. My mom taught me the basics of knitting when I was around 10 and I rekindled my love for this art form after I had my kids. I then switched to crochet as it is more conducive to work on and take with you anywhere. There is something very satisfying and relaxing when making something with your hands that I love. It brings me great joy to constantly challenge myself with new and more difficult projects.



Monday, March 10, 2025

March Break: Paint and Pull

Date and Time: Monday, March 10 10:30 am - 11:30 am

Address: 97 Thomas Street East

Paint and Pull is a creation any child and parent can do together. Simply place your dots and lines of various colours of acrylic paints on your paper. You will see a set pattern demoed, along with close up finished examples at your table and extra free time to create your own patterns. Just pull the paint with a handy dandy tool and watch your creation appear before your eyes like magic. As an added bonus learn how to mark make on your creations to give them a special and unique mark that's only of its creator. Come join us for a very special hour of play, experimentation and creation with guest Artist Angela Smith-Pollard. Watch the video below to see some fun Paint and Pull creations!

For ages 5+

Child pre-registration is required as spots are limited. Registration closes Sunday, March 9th or when full. When registering, please indicate the name and age of the participating child. Children are required to be accompanied by an adult, who are encouraged to help them out with the fun! Site admission is free that morning for family members/ accompanying adults to attend while their child is participating in the program.

Artist Bio:

Canadian Artist Angela Smith-Pollard uses acrylics to convey her Modernist style. Angela works as a full-time artist in her studio in the enchanting town of Roblin, Ontario, Canada. She keeps close to her rural roots and lives near the Land O'Lakes in the Addington Highlands which are part of the Great Canadian Shield. She retired from her position as an Early Childhood Educator and Educational Assistant for the Hastings Prince Edward District School Board after 28 years where she often developed and implemented art curriculum, murals and school fundraisers for teachers and students. Her many years of travel and art study with Mastrius has allowed for a deep dive to develop her artistic voice and create her body of work. As she emerges humbly along her way, Angela has been juried into the *Colours of the Heart* by the GNAAA at the Window Gallery, Kingston, ON. Winning 2nd place in her very first show in 2022. She was also juried into the *Coming Home* gallery exhibition at the Museum of Lennox and Addington in 2024. Angela has been a member of the Greater Napanee Area Arts Association since 2022 and is involved in many local shows, events and displays, selling her art work at the Waterfront River Pub & Terrace, L&A County General Hospital and the L&A County Library Napanee Branch on a 4-month rotation. You could also visit Angela's art studio on the L&A Studio Tour over the past 2 years and she also volunteers as Distribution, Marketing Materials, and Signage Coordinator for the L&A Studio Tour. As of November 2024, Angela has joined The Hive Bath, ON Artist Collective, Gallery and in Studio there 1 day per week.

March Break: Game On!

Date and Time: Monday, March 10 1:30 pm - 2:30 pm

Address: Napanee Library- 25 River Road Napanee, ON

Whether you're into playing Roblox, Fortnite or trading Pokémon cards this event is for you!

Bring your own device or trading cards to game and trade with others!

(Suitable for Ages: 6+)

Registration is Required

Monday, March 10th
Amherstview @ 10:30 AM
Napane @ 1:30 PM

Tuesday, March 11, 2025

March Break: Drum for Fun

Date and Time: Tuesday, March 11 10:30 am - 12:00 pm

Address: 97 Thomas Street East

Come out and experience a fun and exciting 1.5 hour African Drumming Circle, with Jody of The Rythym Room where all participants have their own Jembe drum and are instructed and fully engaged as a group. No experience necessary! Jody is a Certified Drum Teacher through Vic Firth with over 30 years of teaching experience. We will begin the Session learning proper hand techniques and some simple Call/Answer exercises. Learn some basic African and World Rhythm Ensembles, Fun Team Building Games, Brain Gym Exercises, and then get to experience the Unity of playing on a large Gathering Drum as a group. Halfway through, all participants get to try a large 32" Asian Gong and make Whale sounds on it with a rubber mallet, and use a signing bowl that makes Dolphin sounds! Don't miss out on this unique experience, meet new people, and have lots of fun.

For ages 5+

Artist Bio

Jody manages his private practice, The Rythym Room, teaching instrument lessons and supports the Community through volunteerism. Jody's passion for music launched him into a full-time career as a music instructor and workshop facilitator. Jody provides services to retirement homes, daycare centers, corporations/agencies, churches and schools. At the age of five, Jody's zeal for music and performance began. Jody would attend his Mom's performances at various events such as receptions and gatherings. Terry, his Mom, began to introduce him to various instruments. Since then, Jody has become proficient at percussion, drums, and guitar. His abilities extend to reading and writing music theory. Building confidence and team skills through drumming has become popular in both the profit and not for profit sectors. These workshops help develop focus and productivity while increasing the ability to concentrate, retain and recall information. Jody's school workshops meet the Ontario Music Curriculum guidelines. These workshops are an excellent form of 'brain gym', reduces bullying and builds self-confidence.

March Break: Zoo To You

Date and Time: Tuesday, March 11 1:30 pm

Address: Napanee Library- 25 River Road Napanee, ON

Get ed-zoo-cated through up close and personal interactions with cute and not so cute animals!

(Suitable for Ages: 4+)

Tuesday, March 11th
Napanee @ 1:30 PM

Wednesday, March 12, 2025

March Break: Eco House Building

Date and Time: Wednesday, March 12 10:00 am - 12:00 pm

Address: 97 Thomas Street East

Join Connections Engineering Outreach for an exciting workshop where you'll design and build your very own sustainable house using recycled materials! You'll work through the Engineering Design Process, thinking creatively to include renewable energy, eco-friendly materials, and ideas to help the planet. As you plan, you'll also consider how your designs can make a positive impact on people and the environment. It's a hands-on, fun way to tackle real-world challenges while learning how to create a more sustainable future!

Time: 10:00am-12:00pm (drop-in)

Cost: FREE

For families and children, everyone welcome!

No pre-registration required.

Organization Bio

Connections Engineering Outreach was established in 2014 by Smith Engineering at Queen's University to create new opportunities for the greater Kingston community to explore science, technology, engineering and math (STEM). Our mission is to provide experiential learning opportunities for students and teachers that align with the Ontario curriculum. We have an additional focus on increasing diversity within the engineering profession and develop positive relationship between Smith Engineering and the Kingston community.

Youth Takeover: Rubbish Art

Date and Time: Wednesday, March 12 6:00 pm

Address: Napanee Library- 25 River Road Napanee, ON

Youth Takeover is for our older youth crowd to get together play games, craft, and hangout!

March: Rubbish Art

Youth Ages 10+

Napanee: Wednesday, March 12th @ 6:00 PM

Thursday, March 13, 2025

March Break: Bricktastic Build-Off

Date and Time: Thursday, March 13 10:00 am - 2:00 pm

Address: Napanee Library- 25 River Road Napanee, ON

Drop-in to build an animal themed Lego creation for a chance to WIN a cool Lego Prize Pack!

(Suitable for Ages: 4+)

Thursday, March 13th

All Branches any time between 10:00 AM - 2:00 PM

March Break: Create Fun

Date and Time: Thursday, March 13 10:00 am - 3:00 pm

Address: 97 Thomas Street East

Create fun! Create strategies! Create time together! Join us at the museum anytime between 10am -3pm for some cozy family and friends time with just a little competition. We have games like go fish, Jumanji, chess, and more. We'll also have an array of story books, and puzzles to enjoy. If you're looking for something to do, here's your *Clue*.

Time: 10:00am-3:00pm (drop-in)

Cost: FREE (general admission applies after 3:00pm)

Everyone welcome!

No pre-registration required.

Friday, March 14, 2025

March Break: Kindness Tree - Paint and Explore

Date and Time: Friday, March 14 10:30 am - 3:30 pm

Address: 97 Thomas Street East

When watered with kindness kids can grow tall and strong like a tree. During this Free Friday, we will be creating our own kindness tree with paper and paint. Explore the museum galleries while you look for the answers to a few of our questions while also thinking about some kind words you can say to yourself. With every answer and kind word you can come up with you'll earn a paint colour that you can take away and apply to your tree. By the end you will have a beautiful tree as a reminder to be kind to yourself.

Time: 10:30am-3:30pm (drop-in)

Cost: FREE

For families and children, everyone welcome!

No pre-registration required.

March Break: Cardboard Forts

Date and Time: Friday, March 14 1:30 pm

Address: Napanee Library- 25 River Road Napanee, ON

Work with others to design, build and decorate imaginative cardboard structures!

(Suitable for Ages: 4+)

Friday, March 14th

Napanee @ 1:30 PM

Saturday, March 15, 2025

March Break: Indigenous Music and Dance

Date and Time: Saturday, March 15 11:00 am - 12:00 pm

Address: 97 Thomas Street East

Join Mandy Smart and Crystal Loft as they share traditional dances as well as the history that goes with each dance.

Time: 11:00am-12:00pm

Cost: FREE

Everyone welcome!

No pre-registration required.

Presenter Bio(s):

Crystal Loft and Mandy Smart are both Haudenosaunee Women and were raised on the Tyendinaga Mohawk Territory where they both worked very hard to gain their traditional knowledge and share it in a good way. They take great pride in the knowledge they carry and try to share it whenever they can.

Jeff Code and Silver Wings return to Napanee Legion

Date and Time: Saturday, March 15 7:00 pm - 11:00 pm

Address: Napanee Legion 26 Mill St E Napanee

Always a favourite, Jeff Code and Silver Wings will entertain at the Legion on March 15. All are welcome. \$10 cover charge at the door.

Monday, March 17, 2025

Monday Zumba with Tricia

Date and Time: Monday, March 17 12:00 pm - 12:45 pm

Address: 97 Thomas St. E Napanee

Join us for an exhilarating, vibrant, and energetic Zumba experience. Move it at the museum with easy to learn and follow choreography to fun Latin rhythms. Bring a sturdy pair of shoes.

Suitable for all ages

No pre-registration is required

Tuesday, March 18, 2025

Our Artistic Journeys: Artist Talk with Lisa Leskein and David Slack

Date and Time: Tuesday, March 18 7:00 pm

Address: 97 Thomas Street East

The Greater Napanee & Area Arts Association ([GNAAA](#)) is delighted to introduce two of our talented new members. Join us this evening for an engaging talk with Lisa Leskein and David Slack as they share their artistic journeys, reflect on their experiences, and discuss their aspirations for the future. Every creative path is unique, and we hope their stories inspire you in your own artistic endeavors.

This talk is presented in conjunction with the *7th Annual GNAAA Juried Show: Uncharted Territory*, on display at the Museum of Lennox and Addington from March 1st through to March 22nd, 2025. *Uncharted Territory* encourages artists to push the boundaries of their art and explore the unknown. Whether that be the media they use or the size they submit, it is their interpretation of what uncharted territory means to them. Learn more about the show here: <https://gnaaa.ca/7th-juriedshow/>

Time: 7PM (doors open at 6:30PM)

Cost: \$5/person

Pre-registration is not required.

About the Artists:

Lisa Leskein is an emerging painter and printmaker based in Sydenham, Ontario. Her artistic journey is a testament to the transformative power of embracing life's colourful moments through brightly-coloured, whimsical paintings. She strives to infuse the world with joy, and hope. After nurturing the imaginations of young minds for nearly two decades as an elementary classroom teacher, Lisa embarked on a soul-stirring return to her creative roots. Armed with a BFA and a Bachelor of Education, her artistic expression is deeply rooted in both formal training and lived experience. Lisa is a past Tett Centre for Creativity Studio Artist Resident, she was awarded 3rd prize in the Hamilton Plein Air Competition in 2024 and she won first prize in the Quinte Plein Air Competition in 2024. You can see Lisa's art on display at various galleries in the region as well as at the Hive Artist Co

llective in Bath, where she exhibits her work and teaches a variety of art classes. Lisa also teaches painting and printmaking at the Kingston School of Art and at the Senior's Centre in Kingston.

David Slack, a resident of Kingston, Ontario, is a self-taught artist whose primary medium is oil paint. With a diverse range of subject matter, David finds inspiration in various forms, which is reflected in his artwork. He predominantly employs an impressionist style, imbuing his landscapes, florals, and still life compositions with vibrant colors and dynamic brushwork. David's artistic journey began with an inherent passion for capturing the beauty of the world around him. Through experimentation and dedication, he continues to hone his skills, developing a unique artistic voice characterized by its expressive and evocative qualities. Continuously evolving as an artist, David Slack remains committed to pushing the boundaries of his creativity, seeking new inspiration, and translating his vision onto canvas for all to enjoy.

Saturday, March 22, 2025

Crochet Baby Blanket

Date and Time: Saturday, March 22 10:30 am - 12:00 pm

Address: Museum of Lennox & Addington, 97 Thomas Street East, Napanee, ON K7R 4B9

Beginners welcome!

Join us for an incredible crochet workshop! No experience necessary, some experience welcome! We will be focusing on reading a pattern and working in rows while making a beautiful baby blanket. Brush up on some skills or learn to crochet for the first time and leave with some new skills and lovely baby blanket to cherish. Looking forward to meeting you! (All supplies included)

Dates:

Saturday, March 8th

Saturday, March 22nd

Saturday, March 29th

Time: 10:30am – 12:00pm

Cost: \$80/person ages 18+ OR \$65/person ages 13-17 (Museum Teens Discount)

Cost is inclusive of all 3 weeks. Participants must purchase all 3 weeks together.

Recommended for ages 13+

Pre-registration is required. Registration closes Thursday, March 6th, 2025. All sales are final. No refunds.

Instructor Bio:

Hi, my name is Tanya and I am a mom of 3 who have many knitted/crochet hats, mitts, scarves and vests!! I started my career in Graphic Design and was a photographer for many years. I have always been artistic and interested in trying new mediums and styles from drawing and painting to playing instruments and photography. My mom taught me the basics of knitting when I was around 10 and I rekindled my love for this art form after I had my kids. I then switched to crochet as it is more conducive to work on and take with you anywhere. There is something very satisfying and relaxing when making something with your hands that I love. It brings me great joy to c

constantly challenge myself with new and more difficult projects.



Monday, March 24, 2025

Monday Zumba with Tricia

Date and Time: Monday, March 24 12:00 pm - 12:45 pm

Address: 97 Thomas St. E Napanee

Join us for an exhilarating, vibrant, and energetic Zumba experience. Move it at the museum with easy to learn and follow choreography to fun Latin rhythms. Bring a sturdy pair of shoes.

Suitable for all ages

No pre-registration is required

Saturday, March 29, 2025

Crochet Baby Blanket

Date and Time: Saturday, March 29 10:30 am - 12:00 pm

Address: Museum of Lennox & Addington, 97 Thomas Street East, Napanee, ON K7R 4B9

Beginners welcome!

Join us for an incredible crochet workshop! No experience necessary, some experience welcome! We will be focusing on reading a pattern and working in rows while making a beautiful baby blanket. Brush up on some skills or learn to crochet for the first time and leave with some new skills and lovely baby blanket to cherish. Looking forward to meeting you! (All supplies included)

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Meat Spin at the Legion

Date and Time: Saturday, March 29 2:00 pm

Address: Napanee Legion 26 Mill St E Napanee

Buy a ticket and try your luck to win free meat at the Napanee Legion's Meat Spin.

Whiskey Smoke to play the Napanee Legion

Date and Time: Saturday, March 29 7:00 pm - 11:00 pm

Address: Napanee Legion 26 Mill St E Napanee

Come enjoy the music of Whiskey Smoke, Saturday, March 29 at the Napanee Legion. Cover charge is \$10. All are welcome!

Monday, March 31, 2025

PA Day: Create your Own Clay Dog

Date and Time: Monday, March 31 10:30 am

Address: 97 Thomas Street East

At this workshop you will learn how to design and sculpt your very own dog out of foam clay.

No sculpting experience required! All materials will be provided including sculpting tools and coloured clay. Foam clay is an excellent air dry and mess free clay that is soft and easy to manipulate for little hands. It has been used extensively in the cosplay world, and it is praised for its very light weight and ease of use. It comes in a large array of colours and is fun for everyone. By squeezing, squishing and pulling the clay we will experiment with different shapes, forms and textures.

Everyone will be encouraged to create a dog based on their own pet or from their imagination. Each child will leave with a fun and unique dog of their very own.

Let your creativity flow and come enjoy a day of crafting with friends!

Time: 10:30am

Cost: General Admission Applies (\$5 for ages 5+, free for ages under 5)

For children (family members are encouraged to help little ones with their project)

No pre-registration required. Spots are limited and on a first-come basis.

Artist Bio:

My name is Courtney and I am a self-taught artist based in Kingston and a Mom of two. In 2021 I started a small business selling handmade jewelry and art including wood burning, and mixed media creations. My hobbies include crafting, painting and baking. I also love reading and studying nature and poetry. I spend a lot of time researching different animals and plants, my favourites being insects and fungi. Much of my art is inspired by my love of nature. I enjoy studying the shapes and textures of plants and I spend a lot of time experimenting with unique mediums to get different results. I love to create sculptures of unusual mushrooms and magical creatures.

P.A. Day: Stuffie Taxidermy

Date and Time: Monday, March 31 11:00 am

Address: Napanee Library- 25 River Road Napanee, ON

Join us for a fun "Stuffie Taxidermy" workshop, where kids can repurpose old or thrifted stuffed animals into one-of-a-kind mounted creations using craft supplies, glue, and lots of imagination!

Have an old stuffie lying around at home? Bring it along to transform!

Suitable for ages 5+.

Monday, March 31st

Napanee: 11:00 AM

PA Day: Museum Inclusive

Date and Time: Monday, March 31 1:00 pm - 4:00 pm

Address: 97 Thomas Street East

Join us for an afternoon created with inclusivity in mind. Partakers will have the opportunity to participate in colouring, a new build-it station, beaded hands-on art, and can explore the museum. This relaxed afternoon is the perfect judgment free time to introduce anyone to the museum with sensory aware activities, new friends, and a quiet area. Check out our Museum Inclusive Story Guide to learn about our guidelines, accessibility points, bathroom locations, and more.

Time: 1:00-4:00PM (drop-in)

Cost: FREE

Inclusive of all the neuro-diverse and neuro-typical individuals and families.

No pre-registration is required.

Planned in consultation with the Maltby Centre, Mental Health & Autism Services for Children & Youth.

<https://events.greaternapanee.com>